COMMUNITY RESOURCES  
Greater OMAHA

ASSISTIVE TECHNOLOGY

League of Human Dignity  - 5513 Center - 595-1256
Assistance for purchasing services and technology for independent living such as wheelchairs and home modifications.

BILL PAYING ASSISTANCE

Bellevue Ministerial Association  - Bellevue residents only - 293-3138
Food and financial assistance

Douglas County General Assistance  - 4102 Woolworth Avenue - 444-6215
For those not eligible for other aid to pay for rent, mortgage, utilities, food, commodities and transportation.

Douglas County Veterans Office  - 4102 Woolworth Ave. - 444-7180
Food, fuel, shelter and clothing

Family Housing Advisory Service Homeless Prevention and Tenant Services  - 934-6763
Homelessness prevention for individuals and families who are currently housed but need temporary rental or utility assistance or who need assistance to move to a more affordable unit in order to avoid becoming homeless. Also at www.fhasinc.org

Eastern Nebraska Community Action  - ENCAP North, 453-5656 ext. 200
ENCAP South, 595-1212 - ENCAP Bellevue, 292-2961
Rent, mortgage, and emergency assistance in Douglas and Sarpy counties

Heart Ministry Center  - 2222 Binney Street 451-2321
Housing and utility assistance. Must be referred by a current caseworker and have children in the home, have a disability, or be over the age of 65

Metropolitan Utilities District  - Heat Aid Fund - 3612 Cuming - 898-5966
Administered by The Salvation Army

Mutual of Omaha  - HALO Club - 351-3728
Energy, rent and mortgage assistance

Nebraska Veterans Aid Fund  - Douglas County 444-7180 or Sarpy County 593-2203
Temporary emergency aid fund assists veterans, their spouses, and dependents when an unforeseen emergency occurs disrupting their normal method of living and when other resources are not immediately available for food, fuel, shelter, wearing apparel, funeral, medical and surgical items. Applications must be made through the County Veterans Service Officer.

Nebraska Health and Human Services  - Low Income Energy Assistance Program
1313 Farnam - 595-2850  - www.hhs.state.ne.us/fia/energy.htm

OPPD Energy Assistance  - 2912 South 80 Avenue - 343-7755
Administered by The American Red Cross

Sarpy County General Assistance  - 1308 Gold Coast Road Ste 500 - 593-4400
For those not eligible for other aid to pay for rent, utilities, and commodities

Sarpy County Veterans Office  - 1308 Gold Coast Rd. - 593-2203
Food, fuel, shelter and clothing

Together Inc.  - Rent and Utility Assistance  - 1616 Cass - Hotline - 345-8047 ext. 205
Available to Douglas County residents only. Assistance for one month’s rent or utilities with proof of income, proof of address, two forms of identification, and an eviction notice. Assistance for first month’s rent with proof of income and two forms of identification as long as monthly rent does not exceed 50% of total income. Call hotline to check availability of funding.

Weatherization Trust Headquarters  - 2915 North 16th Street - 342-1611
Free home weatherization for low income
CHILD CARE

**Behave’n Kids** - 8922 Cuming Street - 926-4373
Provides early intervention services to children with moderate, severe, or chronic behavior problems. Offers a day treatment center, individual and family therapy, and a preschool/daycare. Behave’n accepts Medicaid and Title XX

**Boys and Girls Clubs of Omaha**
2610 Hamilton Street - 342-2300 and 5051 South 22nd Street - 733-8333
After school programs for youth age 8-18 with transportation from some schools for $20 per year

**Child Saving Institute - Day Care** - 4545 Dodge Street - 553-6000
Low income families with children age 6 wks-6

**Christ Child Center - Catholic Charities** - 1248 South 10th Street - 342-4566
Youth programs for children age 5-13

**Christ Child Learning Center-Catholic Charities** - 2201 S 11th Street - 341-1880
Low income families with children age 2.5-5

**Educare** - 2123 Paul Street - 898-1783
All-day, year-round care and education for economically disadvantaged children from birth to age five

**Girls, Inc.** - 2811 North 45th Street - 457-4676
After school programs for girls age 6-18 with transportation from school provided for $20 per year

**Heartland Family Service** - 6720 No. 30th Street - 451-6244
After school program for girls age 5-18 and child resource center for parents, child care providers and teachers

**Nebraska Children’s Home - Day Care** - 4939 So. 118th St. - 898-7760
Children of all ages

**Nebraska Health & Human Services** - Child Care Subsidy - 1313 Farnam - 595-2850
Parents in the home must be employed, in school or incapacitated.
[www.hhs.state.ne.us/chs/chc/ccsubsypa.htm](http://www.hhs.state.ne.us/chs/chc/ccsubsypa.htm)

**Nebraska Health and Human Services** - 1-800-600-1289
Information on licensure, regulations, inspections and complaints regarding specific child care providers.

**Salvation Army - Early Head Start and Stepping Stones Child Development Center** - 3612 Cuming - 898-5900
Low income families with children age 0-3

**Sarpy County Cooperative Head Start** - 701 Olson Drive, Papillion - 339-6592
Low income families with children age 0-5

CHILD SUPPORT

**Child Support Payment Center** - PO Box 82600 Lincoln, NE 68501

**Child Support Services** - 1722 St. Mary’s Ave. Suite 110 - 1-877-631-9973
For information on services provided see the web site at [www.childsupportservices.com](http://www.childsupportservices.com)

**Legal Aid of Nebraska** - 1904 Farnam - 348-1069
Outside of Douglas County - 1-877-250-2016
Elder Access Line (over 60) - 1-800-527-7249
Native American Access Line - 1-800-729-9908

CLOTHING CLOSETS - BASIC

**First Lutheran Church** - 542 S 31st - 345-7506
Clothing and household items
**Garland Thompson Men’s Center - Open Door Mission**  
2706 N. 21st Street E - 422-1111  
Food, shelter, clothing and other basic needs for men in need of immediate assistance

**Heart Ministry Center** - 2222 Binney Street 451-2321  
Clothing closet for men, women and children

**Heartland Family Services** - Hardship Assistance Program  
Clothing, personal care items, furniture, and household goods available to current HFS clients. Appointments should be scheduled through an HFS program staff member.

**Holy Family Catholic Church** - 1715 Izard St. - 341-6561  
Clothing closet

**Lydia House - Open Door Mission** - 2809 N 20th St E - 422-1111  
Food, shelter, clothing and other basic needs for women and children

**Marshall Drive Pantry** - 4845 Marshall Drive - 895-4227  
Clothing and food pantry, call for appointment

**Mission for All Nations** - 5218 S. 21st Street - 733-2077  
Food, clothing, hygiene products and housewares

**Pearl United Methodist Church** - 2319 Ogden St. - 453-8623  
Food and clothing pantry

**Project Hope Food Pantry** - 4205 Boyd Street - 453-7649  
Protective clothing for winter

**The Salvation Army - Material Assistance** - 3612 Cuming - 898-5900  
Heat assistance, food, clothing and other material assistance for those in critical emergencies

**Siena Francis House** - 1702 Nicholas Street - 341-1821  
Clothing provided for individuals staying in the men’s and women’s shelters

**Timberlake Outreach Center - Open Door Mission** - 2107 E Locust - 829-1510  
Monthly assistance with food, clothing, household goods, furniture and appliances

**Together Inc.** - 1616 Cass - 345-8047  
Clothing, household items, furniture, small electronics, and housewares. Open Monday, Wednesday, and Thursday from 9-1, Tuesdays from 9-7. Requires one form of ID

**CLOTHING CLOSETS - INTERVIEW AND CAREER CLOTHING**

**Heartland Family Services-Career Clothing Closet** - 457-7792  
Interview and career clothing for men and women. Available to HFS clients and individuals referred by other agencies.

**COMPUTER CLASSES AND INTERNET ACCESS**

**Bryan High School (children and adults)** - 557-3158

**Eastern Nebraska Community Action** - 2406 Fowler Ave - 453-5656 ext. 200  
Community computer lab and classes

**GCF Global Learning** - free online computer skill training - www.gcflearnfree.org

**Latino Center of the Midlands - Spanish** - 4821 S. 24th Street - 733-2720  
Computer Information Technology Training Center

**Midlands Literacy Center** - 1823 Harney Street, Suite 204 - 342-7323  
Basic computer classes and one-on-one assistance, call for an appointment for assessment
Omaha Public Library - 215 South 15th Street - 444-4800
Basic computer skills classes for general computer use, internet use, email, Microsoft Office programs, online job search, and laptop use. Classes are free to Library card holders. Library cards are free for Douglas County residents. Register for classes by calling any library branch or online at www.omahapubliclibrary.org

St. Cecilia’s - 3869 Webster Street - 556-6655
Timberlake Outreach Center - Open Door Mission - 2107 E. Locust - 829-1510
Free computer training

CONSUMER ISSUES

7 Can Help - KETV Omaha - 522-7777 or 1-800-279-5388
Free service offering advice, facilitation and solutions to misunderstandings and disagreements between and business, government and other organizations

Better Business Bureau - 11811 P Street - 391-7612
Consumer information and resources

DENTAL ASSISTANCE

Charles Drew Health Center - 2915 Grant Street
Medical: 451-3553 - Dental: 453-1433 - Pharmacy: 451-3244

Creighton University - 2802 Webster - 280-5060
Dental, Medical, and Vision

One World Community Health Center - 4920 South 30th Street (Livestock Exchange Building)- 932-7204
Dental services on a sliding scale basis including cleaning, x-rays, examinations, fillings, extractions, emergency treatment for pain, swelling, broken tooth, limited root canal therapy, prenatal dental care, and pediatric dental care

DISABLED/ELDERLY SERVICES

Adult Protective Services - 24 hr. hotline - 1-800-652-1999
Adult abuse, neglect and exploitation

Disability Claim Consultants - 7911 L Street - 422-1000
Assistance with applications and appeals for Social Security Disability and Supplemental Security Income (SSDI/SSI) benefits. Representation is provided on a contingency fee basis. If your case is successful, the fee is typically 25% of your past due benefits.

Eastern Nebraska Community Action - 2406 Fowler Ave - 453-5656 ext 252
Senior social activities

Eastern Nebraska Office on Aging - 4223 Center Street - 444-6444
Assistance with in home services, transportation and employment for people age 60 and older

Friendship Program, Inc. - 7315 Maple St - 402-393-6911
Assist elderly and disabled individuals to remain independent in the community

Hands of the Heartland - 211 Galvin Road, Bellevue - 502-1525
For those with developmental disabilities

Heartland Family Service (Senior Center) - 2101 S 42nd - 552-7400

MOBY - Transportation for Elderly and Disabled -
2222 Cuming Street - 341-7560 ext. 210, application required

Nebraska Vocational Rehabilitation
1313 Farnam on the Mall - 595-2100 or 12011 Q Street 595-1212
Employment assistance for people with documented disabilities
Senior Services - Catholic Charities - 939-4681
North Center, Juan Diego Center and Christ Child Center

Social Security Administration - 604 N 109th Court - 866-716-8299
Social Security Disability and Supplemental Security Income (SSDI/SSI)

Specialized Transportation - 204 West Mission, Bellevue - 293-3138
Transportation for people over 60 and those with developmental disabilities

DOMESTIC VIOLENCE and VICTIM ASSISTANCE

Adult Protective Services - 24 hr. hotline - 1-800-652-1999
Adult abuse, neglect and exploitation

Catholic Charities Iowa - Phoenix House - 712-328-0266
Emergency shelter for victims of domestic violence in Council Bluffs

Child Protective Services (CPS) - Hotline - 1-800-652-1999
1313 Farnam - 595-1325

Children’s Crisis Center (ages 0-19) - 4545 Dodge - 553-6000
Emergency shelter for children

Douglas County Victim Assistance - 1905 Harney Street Ste. 500 - 444-4597

Family Justice Center of the Midlands - 1905 Harney Street Ste. 530 - 398-9928
A community effort to provide services to victims of domestic violence. Advocacy, legal aid, protection orders, medical help, shelters

Family Service Domestic Abuse - 24 hr. Hotline - 1-800-523-3666

Heartland Family Service - Papillion - 302 American Parkway - 339-2544
Protection and transitional services for victims, survivors, and those who care about them

Heartland Family Service - Safe Haven Transitional Shelter - 339-2544
Emergency and transitional shelter and services for victims of domestic violence. Location confidential.

Juan Diego Center - Catholic Charities - 5211 S 31st Street - 731-5413
Domestic violence services, counseling and advocacy

Lydia House - Open Door Mission - 2809 N 20th St E- 422-1111
Food, shelter, clothing and other basic needs for women and children

Nebraska Domestic Violence Hotline - 1-800-1876-6238

Sarpy County Victim/Witness Unit - 1257 Golden Gate Drive Ste 10W - 593-2201

The Shelter - Catholic Charities - 24 hr. Crisis Line - 558-5700
Emergency shelter for women and children who are victims of domestic violence. 30 day maximum stay, location undisclosed

Youth Emergency Services - Safe Place Hotline - 578-7233

YWCA - Omaha - 24 hr. Hotline - 345-7273

YWCA - Omaha - 222 South 29th Street - 345-6555
Domestic Violence services including advocacy, counseling, prevention, nonviolence programs for abusers, and racial justice programming

DOMESTIC VIOLENCE - BATTERER INTERVENTION

Most batterer intervention programs require an orientation and weekly fee. The fees are typically charged on a sliding scale based on income.
Heartland Family Service - Papillion - 302 American Parkway - 552-7400
Choosing non-violence batterers group

Nebraska Urban Indian Health Coalition - 2240 Landon Court - 346-0902
24 week batterers intervention program open to anyone in the greater Omaha area. Cost is $25 per session, transportation may be available with 24 hour notice.

The Equality Group - 7561 Main Street #417, Ralston - 714-0478
Batterers programming in English and Spanish when available

YWCA - Omaha - 222 South 29th Street - 345-6555
Non-violence programs for abusers

**DRUG and ALCOHOL EDUCATION**

Eastern Nebraska Community Action Partnership - 2406 Fowler Ave - 453-5656 extension 254
8 hour drug and alcohol education class on the third Friday of each month. Cost of the class is determined on a sliding fee scale.

**EDUCATION - COLLEGE ASSISTANCE**

Creighton University Educational Opportunity Center - 2002 Burt Street - 280-3300
Assistance with entry and reentry into a 2 year or 4 year college, including application assistance, entrance exam preparation, financial aid application, and scholarship search. The EOC is open Monday through Friday from 8-4:30. Making an appointment is highly recommended

EducationQuest Foundation - 11031 Elm Street Rockbrook Village (108th and W. Center Road) - 391-4033
Assistance with researching schools, exploring career options, looking for scholarships, Completing and filing financial aid applications, and understanding student loans. Call for an appointment or access information online at www.educationquest.org

Nebraska Workforce Development
5717 F Street - 595-3000 or 2421 N. 24th Street - 444-4700

**EDUCATION - COLLEGES AND UNIVERSITIES**

Bellevue University - General Information - 293-2000

College of St. Mary - General Information - 399-2400

Creighton University - 2500 California Plaza General Information - 280-2700

Grace University - 1311 South 9th Street - General Information - 449-2800

ITT Technical Institute - 9814 M Street - 331-2900

Metropolitan Community College - General Information - 457-2400

University of Nebraska - Omaha - General Information - 554-2800

Vatterott College - 11818 I Street - 1-866-483-1823

**EDUCATION - GED, ABE, and BASIC LIFE SKILLS**

Bellevue Public Schools - Adult Learning Center - 2820 Arboretum Drive Bellevue, NE - 293-5026
GED prep classes held Monday through Thursday from 9AM-2PM and Mondays and Wednesdays from 5PM-9PM, No orientation needed, simply show up for classes. Classes are free to any Nebraska resident

Creighton University - Educational Opportunity Center - 2002 Burt Street - 280-3300
GED prep classes available Monday -Friday 10AM-1:30PM, orientation and classes are free, call to schedule your first class
GED prep classes and life skills classes. GED classes are Monday-Thursday, 9am-12pm, orientation and classes are free. To attend the GED classes, go in person to ENCAP by 8:45AM to speak with the instructor and enroll in classes.

**Latino Center of the Midlands** - 4821 S. 24th Street - 733-2720
Basic skills, GED (Spanish), ESL, Driver’s Ed, and U.S. Citizenship

**Metropolitan Community College** - 457-2312
Classes are available at MCC locations. Participation in an orientation is required and there is a $20 registration fee for classes.

**Midlands Literacy Center** - 1823 Harney Street, Suite 204 - 342-7323
Beginning, intermediate and advanced reading, basic computer literacy, financial literacy, pre-GED classes for individuals below a 9th grade reading level. All classes and materials are free and available to individuals age 18 and older. Free parking and bus passes are available for students. Call for an appointment for assessment.

**Omaha Public Schools - Adult Education Office** - 557-2620
OPS offers a wide variety of locations for GED preparation classes. Participation in an orientation is required and there is a $20 registration fee for classes.

**EDUCATION - OTHER**

**Capitol School of Hairstyling and Esthetics** - 10803 John Galt Boulevard - 333-3329

**Custom Diesel Drivers Training** - 894-1400

**Joseph’s College of Barbering** - 3724 Farnam St - 345-4151

**JTL Truck Driver Training** - 932-0000

**Midwest School of Massage Therapy** - 10159 J Street - 331-8383

**Omaha School of Massage and Healthcare** - 9748 Park Drive - 331-3694

**Universal College of Healing Arts** - 8702 North 30th - 556-4456

**Xenon International School of Hair Design** - 8516 Park Drive - 393-2933

**EDUCATION - VOCATIONAL AND APPRENTICESHIP**

**ABC Apprenticeship** - 2602 Harney - 344-4258
Association of Builders and Contractors, training for electrical, plumbing, carpentry and welding

**Cross Training Center** - 4505 South 76th Circle - 960-9789
Vocational training, volunteer opportunities, job readiness programming, and education for people who lack the education and work experience necessary to find and maintain employment

**New Horizons Computer Learning Center** - 2125 N. 120th Street - 331-4123
Information Technology training and certification

**ENGLISH AS A SECOND LANGUAGE (ESL)**

**Eastern Nebraska Community Action** - 2406 Fowler - 453-5656
ESL classes

**Latino Center of the Midlands** - 4821 S. 24th Street - 733-2720
ESL classes

**Midlands Literacy Center** - 1823 Harney Street, Suite 204 - 342-7323
Beginning, intermediate and advanced ESL classes available for individuals 18 and older. Classes and materials are free. Free parking and bus passes are available for students. Call for an appointment for assessment.
ENTREPRENEURSHIP

Juan Diego Center - Catholic Charities - 5211 S. 31st Street - 731-5413
Microbusiness training and development

United States Small Business Administration - Nebraska Office - 10675 Bedford Ave. Suite 100 - 221-4691
Assistance with small business start up. Small business financial information

Omaha Small Business Network, Inc. - 2505 North 24th Street - 453-5336
Business technology center provides services in computer software training, business seminars and workshops, small business consulting, affordable office space, bookkeeping services.

Nebraska Business Development Center - UNO Mammel Hall Suite 200 at 67th and Pine Streets - 554-6633
NBDC consultants can help you evaluate your business idea, write an effective business plan, and get financing. NBDC also offers a selection of small business books, magazines, self-study audio/video programs, and software available in the reading library. Consultants can help you select the best resources for you and your company

Omaha SCORE - Counselors to America’s Small Business - 10675 Bedford Ave - Ste 100 - 221-3606
The Omaha chapter provides free and confidential business counseling tailored to meet the needs of your small business. SCORE also offers low cost workshops to help you plan and develop your small business

EMPLOYMENT SERVICES

Adult Career Program - 996-8090
Blue Lion - 2421 N 24th Street - Orientation every Tuesday at 9:00 AM
F Street - 5717 F Street - Orientation every Wednesday at 10:00 AM
Blair - 1900 Washington Street
Assists the unemployed and underemployed in obtaining self-sustaining employment. Offers services to address educational and employment goals that will lead to a job and increased retention of that job.

Community Alliance - WorkSource - 4001 Leavenworth Street - 341-5128
For people with documented mental health problems age 19 and older

Eastern Nebraska Community Action - 2406 Fowler Ave, 453-5656 ext 212
Employability workshops and programming for those with criminal history and those needing additional skills to find and retain employment. Career and interview clothing closet is available for individuals participating in employment workshops

Goodwill Industries - 4805 N 72nd Street - 341-4609
R.E.A.D.Y. Program provides free one-on one job readiness services and group workshops on employment and life skills

Latino Center of the Midlands - 4821 S. 24th Street - 733-2720
Cultural transition assistance

Workforce Solutions Centers - Formerly Nebraska Workforce Development
F Street - 5717 F Street - 595-3000
Blue Lion - 2421 N. 24th Street - 444-4700
Job search assistance and workshops. Computer and internet access.

Nebraska Vocational Rehabilitation
1313 Farnam on the Mall - 595-2100 or 12011 Q Street - 595-1212
For people with disabilities, assistance with job search, training, assistive technology, independent living and job placement. VR focuses on assisting clients to secure and maintain long-term stable employment in fields which are realistic based on specific disabilities and barriers. Applicants must be medically stable.

Safe Haven Community Center - 2895 Binney Street - 932-6103
Job search and transportation

Senior Employment Program (55 and older) - 4223 Center - 444-6684

syNErgy Program
Blue Lion - 2421 N 24th Street - orientation on 1st Wednesday of the month at 1:00 PM
F Street - 5717 F Street - orientation on 2nd, 3rd, and 4th Wednesday of each month at 10:00 AM
Offers free training in energy efficiency and green construction careers to those who qualify
Timberlake Outreach Center - Open Door Mission - 2107 E. Locust - 829-1510
Employment readiness

Urban League of Nebraska - 3040 Lake Street - 451-1066
Work experience, employment readiness, job search and resume writing, workshops, job fairs, internet access

YWCA Omaha - 222 S 29th St - 345-6555
Employment assistance for women

FAITH BASED INITIATIVES

Restored Hope - 2316 Howard Street 345-7306
Assists women in developing self-sufficiency through a one-year program that includes spiritual development, cognitive restructuring and life skills education

FAMILY COUNSELING - FREE OR SLIDING SCALE FEES

Heartland Family Service - All Referrals - 553-3000
Papillion: 302 American Parkway
Omaha: 11212 Davenport Street
Council Bluffs: 515 E. Broadway

Jewish Family Services - 333 S. 132nd Street - 330-2024

Juan Diego Center - Catholic Charities - 5211 S. 31st Street - 731-5413
Counseling and advocacy

Lutheran Family Services
Midlands Hospital, Papillion - 592-0639
730 Fort Crook Road North, Bellevue - 292-9105
120 S. 24th Street Suite 100 - 342-7007
2401 Lake Street Suite 110 - 455-9757
4980 South 118 Street, Suite C - 342-7007

Nebraska Urban Indian Health Coalition - 2240 Landon Court - 346-0902
Individual, family, and group counseling for residents of Dodge, Cass, Sarpy, Washington, and Douglas counties

FOOD - GOVERNMENT ASSISTANCE PROGRAMS

Commodity Supplemental Food Program
Eastern Nebraska Community Action - 453-5656, Omaha Nutrition Center - 457-4032
Seniors, pregnant women and new moms for up to one year, children 0-6 years old. For people who are not receiving WIC.

Meals on Wheels - (60 and older) - 4223 Center - 444-6444
Through Eastern Nebraska Office on Aging

Nebraska Health and Human Services - 1313 Farnam - 595-2850
Food Stamp Program

Douglas County Health Department - Women, Infants, and Children (WIC) Program - 444-1770

FOOD - PANTRIES and MEALS

Most of these pantries do not require referrals, but need to call for hours and requirements. Most require a piece of mail within the last 30 days, picture ID and ID for all children in the home (SS card or birth certificate). Additional pantries and referral agencies available by calling.................211.

American Red Cross - 2912 S. 80th Avenue - 343-7700
Angel Food Ministries - (877) 366-3646
Call to find a local host site. National program providing food monthly. Order food online to pick up locally at www.angelfoodministries.com

Bellevue Ministerial Association - Bellevue residents only - 293-3138

Benson Baptist Church - 6319 Maple Street - 551-1512

Community Cupboard - 8787 Pacific - 391-0350
Mobile food pantry in partnership with Food Bank for the Heartland. No income requirements and no ID needed. First Saturday of each month from 10:00 AM to 11:30 AM at the Countryside Community Church

Eastern Nebraska Community Action - Food pantry
2406 Fowler Ave - 453-5656 ext. 200 or 1908 Hancock Street - 292-2961

First Lutheran Church - 542 S 31st - 345-7506
Food pantry

Food Bank for the Heartland - 6824 J Street - 331-1213

Garland Thompson Men's Center - 2706 N. 21st Street E- 422-1111
Food, shelter, clothing and other basic needs for men in need of immediate assistance

Heart Ministry Center - 2222 Binney Street 451-2321
Food pantry and Holy Family sack lunch program. Provides free sack lunches daily

Heartland Family Services - Tri-County Ministerial Association Pantry - 339-2544
Food pantry available to residents of Papillion, LaVista, and Ralston

Holy Family Catholic Church - 1715 Izard - 341-6561
Food pantry

Juan Diego Center - Catholic Charities - 5211 S. 31st Street - 731-5413
Food pantry

Kountze Memorial Church - 2650 Farnam Street

Life God's Way, Inc. - 3701 McKinley B8 - 505-9146
Food Pantry is available to those in need in emergency situations. Soup Kitchen open Monday-Saturday 11-1pm Call for details.

Lydia House - 2809 N 20th St E- 422-1111
Food, shelter, clothing and other basic needs for women and children

Marshall Drive Pantry - 4845 Marshall Drive - 895-4227
Clothing and food pantry, call for appointment

Mission for All Nations - 5218 S. 21st Street - 733-2077
Food, clothing, hygiene products and housewares

Mohm's Place - 1435 N 15th Street, Council Bluffs - 712-322-7570
Free meals served daily in Council Bluffs

Peace Presbyterian Church - 333 S 204th St. Elkhorn, NE - 289-1104
Food pantry

Pearl United Methodist Church - 2319 Ogden St. - 453-8623
Food and clothing pantry

Project Hope Food Pantry - 4205 Boyd Street - 453-7649
Food and personal care items

Salem Baptist Church -by referral only - 3131 Lake Street - 505-9973

Salvation Army - Material Assistance - 3612 Cuming - 898-5900
Heat assistance, food, clothing and other material assistance for those in critical emergencies
Siena Francis House - 1702 Nicholas Street - 341-1821
Breakfast, lunch, sack lunch, and dinner meals. Brunch served on Sundays and all major holidays

St. Martin dePorres - Catholic Charities - 2417 Burdette Street - 341-4004
Food pantry

St. Vincent dePaul - 2101 Leavenworth - 346-5445
Food pantry

Timberlake Outreach Center - 2107 E. Locust - 829-1510
Monthly assistance with food, clothing, household goods, furniture and appliances aimed at providing preventative measures aimed at empowering families struggling in poverty

Together Inc. - 1616 Cass - 345-8047
Food pantry available Monday, Wednesday, and Thursday from 9-1, Tuesdays from 9-7. Requires 2 forms of ID and one ID for every household member receiving food. Food provided by the USDA Food Bank. Individuals may receive food once every 30 days.

FOOD - HOLIDAY MEALS AND ASSISTANCE PROGRAMS

First Lutheran Church - 542 S 31st - 345-7506
Christmas food baskets

Heart Ministry Center - 2222 Binney Street 451-2321
Holiday food baskets and gifts with referrals from Omaha Public Schools or Sacred Heart School, Marine Corp Toys for Tots distributor

Heartland Family Services - Hardship Assistance Program
Toys and holiday meals available to HFS clients in North Omaha and Sarpy County. Clients may sign up for services through their HFS case worker.

Juan Diego Center - Catholic Charities - 5211 S. 31st Street - 731-5413
Christmas and Thanksgiving meals

Mutual of Omaha - HALO Club - 351-3728
Thanksgiving baskets

St. Martin dePorres - Catholic Charities - 2417 Burdette Street - 341-4004
Christmas and Thanksgiving meals

Timberlake Outreach Center - 2107 E. Locust - 829-1510
Seasonal preventive programs including Back to School Bash, Great Thanksgiving Banquet, Turkey 'N Fixins, Super Duper Give Away and Project Santa

HOMELESSNESS PREVENTION

211 - If homeless or may become homeless, dial 211 to be connected to the appropriate services

Family Housing Advisory Service Homelessness Prevention Assistance - 934-6763
Homelessness prevention for individuals and families who are currently housed but need temporary rental or utility assistance or who need assistance to move to a more affordable unit in order to avoid becoming homeless. Also at www.fhasinc.org

Project Homeless No More - 3808 Dodge Street - 553-5536
Assistance in finding and securing shelter

Siena Francis House - Day Services Center - 1624 Nicholas Street - 341-1821
Services for homeless individuals including helping people and families to obtain affordable and appropriate housing, employment and education opportunities, money management skills, counseling, health care, veterans services, and general assistance
HOUSING - EMERGENCY SHELTER

Catholic Charities - The Shelter - 24 hr. Crisis Line - 558-5700
Emergency shelter for women and children who are victims of domestic violence. 30 day maximum stay, location undisclosed

Catholic Charities Iowa - Phoenix House - 712-328-0266
Emergency shelter for victims of domestic violence in Council Bluffs

Children’s Crisis Center (ages 0-19) - 4545 Dodge - 553-6000
Emergency shelter for children

Garland Thompson Men’s Center - Open Door Mission - 422-1111 ext. 3102
Provides emergency services including food, clothing, shelter, and other basic needs for men in need of immediate assistance

Heartland Family Service - Safe Haven Transitional Shelter - 339-2544
Emergency and transitional shelter for women and children who are victims of domestic violence. Location is confidential.

Heartland Family Service - 2101 S 42nd - 552-7400
Children’s emergency shelter

Heartland Family Service - Fremont - 437 Jefferson Road - 721-5099
Children’s emergency shelter

Micah House - 1415 Avenue J, Council Bluffs - 712-323-4416
24 hour emergency homeless shelter in Council Bluffs

Mohm’s Place - Joshua House - 1435 N 15th Street, Council Bluffs - 712-322-7570
24 hour emergency men’s shelter in Council Bluffs

Life God’s Way, Inc. - 3701 McKinley B8 - 505-9146
Emergency housing provided to the homeless, re-entry or abuse situations. Providing re-entry services to men and women. Drug and Alcohol counseling and programing. Community resources and guidance provided.

Lydia House - Open Door Mission - 422-1111 ext. 3102
Emergency food, shelter, clothing and other basic needs for homeless women and families

Salvation Army - 3612 Cuming - 898-5900
Transitional housing and emergency shelter

Siena Francis House - Men’s Shelter - 1111 North 17th Street- 341-1821
Emergency overnight shelter for men

Siena Francis House - Women’s Shelter - 1702 Nicholas Street - 341-1821
Emergency overnight shelter for women and children

Stephen Center - Emergency Shelter - 2723 Q Street - 731-0238
Emergency shelter for sober men, women and families

U.S. Department of Housing and Urban Development - HUD
1616 Capitol Avenue - 492-3100
Low income and emergency housing information and referrals

Youth Emergency Services - 2679 Farnam Street, Ste. 205 - 345-5187

HOUSING - TRANSITIONAL

Community Alliance Housing - 4001 Leavenworth - 341-5128
For people with mental health issues

Mohm’s Place - Timothy House - 1435 N 15th Street, Council Bluffs - 712-322-7570
Transitional housing in Council Bluffs to assist individuals as they move from homelessness to permanent housing

New Beginnings Transformational Living Homes - 708-9860 or 505-0056
Transitional housing for ex-offenders seeking to re-enter society after incarceration
O.A.T.S./Bell House - 813-2317 or 677-7588
Halfway houses for men and women

Oxford House (men and women) - 1-800-689-6411
Self run, self supported addiction recovery houses. To find vacancies go to: www.oxfordhouse.org or call

Stephen Center - Transitional Living Program - 2723 Q Street - 731-0238
Provides independent housing opportunities for persons that have successfully completed a drug and alcohol treatment program

The 1212 House - Contact Tom - 393-7481
Transitional 3/4 way house for men in recovery

HOUSING - RENTING AND BUYING

Bellevue Housing Authority - 8214 Armstrong - 734-5448

Consumer Credit Counseling Service of Nebraska - 11225 Davenport Street, Ste 108 - 333-2227
First time home buyer education and counseling. Foreclosure counseling and assistance.

Douglas County Housing Authority - 5404 N 107th Plaza - 444-6203

Eastern Nebraska Community Action - 2406 Fowler - 453-5656
Financial assistance and rental education

Family Housing Advisory Service -
2401 Lake Street - 934-7921 or 3605 Q Street - 546-1013
Fair housing, homeowner education, financial planning, low cost mortgage

Habitat for Humanity
Omaha - 2204 Ames Avenue - 457-5657
Sarpy County - 119 West Mission Ave - 292-6560
Builds and sells homes to low income buyers with no interest, profit, or down payment in exchange for assistance with the build.

Heartland Family Services - Heartland Housing Solutions - Douglas and Sarpy Counties - 457-7778
Permanent housing support program for single women and families with children who are currently homeless

Holy Name Housing Corporation - 3014 North 45th Street - 453-6100
Low income home ownership. Purchase new and refurbished homes at low cost

HOPWA - Housing Opportunities for Persons With HIV/AIDS
250 South 77th Street Suite A - 552-9260
Administered by the Nebraska Aids Project

Omaha 100 - 2401 Lake Street - 342-3773
Non-profit mortgage lender to help renters become homeowners.

Omaha Housing Authority - 540 South 27th St - 444-6900

Open Door Mission - Permanent Supportive Housing Program - 422-1111
Available to men, women and families who may benefit from living in a stable environment for an extended period of time. Residents can live in a supportive housing environment while working or attending school full time

RentWise - Call Michelle - 457-7783
Education regarding tenant rights, roles, and responsibilities. Classes held at Eastern Nebraska Community Action and Salvation Army

St. James Manor - Catholic Charities - 3102 North 60th Street - 551-4243
Affordable permanent housing

U.S. Department of Housing and Urban Development - HUD
1616 Capitol Avenue - 492-3100
Low income and emergency housing information and referrals
IDENTIFICATION

Nebraska Department of Motor Vehicles - Administrative Division
301 Centennial Mall South P.O. Box 94789 Lincoln, Nebraska 68509 - 471-2281

Together Inc. - 1616 Cass - 345-8047
Assistance in applying for a birth certificate or state ID with two other forms of ID (Social Security Card, Medicaid card, school transcripts) and a piece of mail postmarked within the last 30 days.

Social Security Administration - 604 N 109th Street - 1-800-772-1213
Social Security Cards

IMMIGRANT AND REFUGEE SERVICES

Consulate of Mexico - 3552 Dodge Street - 595-1841
Hispanic/Latino services

International Center of the Heartland - Lutheran Family Services
1941 South 42nd Street, Suite 402 - 346-6100
Immigrant and refugee assistance

Juan Diego Center - Catholic Charities - 5211 S. 31st Street - 731-5413
Assistance with naturalization and case management

Justice For Our Neighbors - 2418 E Street Suite 2 - 898-1349
Free immigration legal services for low income immigrants

Latino Center of the Midlands - 4821 S. 24th Street - 733-2720
U.S. citizenship and cultural transition

Lutheran Family Services - International Center of the Heartland
1941 S 42nd Street Suite 402 - 346-6100
Direct and referral services for immigrants and refugees including housing, healthcare, employment and legal assistance

Southern Sudan Community Association - 3610 Dodge Street Suite 100 - 554-0759
Employment and other services for refugees from any country. Also provides cultural transition assistance and emergency financial assistance

U.S. Bureau of Citizenship and Immigration - INFOPASS - 1-800-375-5283

LEGAL ASSISTANCE

Creighton University Civil Law Clinic - 280-3068
Free legal aid for civil matters, poverty level residents of Douglas County

Iowa Legal Aid - 1-800-532-1275
Free legal advice and assistance on civil matters for Iowa residents. Must meet income guidelines. www.iowalegalaid.org

Legal Aid of Nebraska - 1904 Farnam - 348-1069
Outside of Douglas County - 1-877-250-2016
Elder Access Line (over 60) - 1-800-527-7249
Native American Access Line - 1-800-729-9908

Nebraska State Bar Association Volunteer Lawyers Project - 1-800-742-3005
Low income legal services

MEDICAL CLINICS

Most health clinics offer services on a sliding scale based on income. Some services are at no cost or offered for a flat fee.
Benson Community Health Center - Charles Drew Health Center  
5420 NW Radial Highway - 558-9242

Catholic Charities - Omaha Campus for Hope - 1490 North 16th Street  
Charles Drew Health Center Satellite Clinic - 345-9860 By appointment only, must provide documentation of homelessness

Charles Drew Health Center - 2915 Grant Street  
Medical: 451-3553 - Dental: 453-1433 - Pharmacy: 451-3244

Planned Parenthood of the Heartland Northwest Center - Omaha  
3341 N 107th Street - 496-0088  
Women and men’s reproductive health care, birth control and emergency contraception, general health care, std testing, LGBT education, sexual and reproductive education, pregnancy testing, options, and planning

Planned Parenthood of the Heartland Southwest Center - Omaha  
5310 S 139 Plaza #301 - 894-9006  
See Northwest Center service list

Salvation Army Renaissance Clinic - 3612 Cuming Street - 402-354-3198  
Nurses available for simple illnesses, by appointment only

Sienna Francis House - 1111 North 17th  
Charles Drew Health Center Satellite Clinic - 345-9860 By appointment only, must provide documentation of homelessness  
Creighton University Magis Clinic - 346-8401 For individuals staying in the men’s and women’s shelters

Omaha Healthy Start - Charles Drew Health Center  
2915 Grant Street, 2nd Floor - 455-2229  
Medical assistance for pregnant women

One World Community Health Center - 4920 South 30th Street (Livestock Exchange Building)- 734-4110  
Offers primary medical care for adults and children on a sliding scale basis. Also offers the Quick Sick Clinic to deal with minor illnesses on a first come first served basis.

UNMC Community Health Centers  
Sharing Clinic - 304 South 52nd Street - 559-2666 General health care for children and adults  
Respect Clinic - 5050 Ames Avenue - Baker Place - 595-2280 STD testing and treatment, HIV testing and counseling  
Good Life Clinic - 5050 Ames Avenue - Baker Place - 595-2280 Treatment of Type 2 Diabetes Melitus

MEDICAL CLINICS - BASIC SCREENING ONLY

Empower Clinic - YWCA Omaha - 29th and Farnam - 345-6555  
Basic health screening for women.

Every Woman Matters - Nebraska Health and Human Services - 1-800-532-2227  
Annual health checkups for women age 40-64

MEDICATION ASSISTANCE

Gendler Emergency Medication Service (GEMS) - 457-7792  
Free or low-cost prescription medications for individuals who have no medical insurance and who have exhausted all other resources. Primarily intended for residents of North Omaha

Nebraska Health and Human Services - 1313 Farnam Street - 595-2850  
Medicaid

One World Community Health Center - 4920 South 30th Street (Livestock Exchange Building)- 502-5832  
On-site pharmacy providing low cost prescriptions and assistance with paperwork to receive free prescriptions from manufacturers

Partnership for Prescription Assistance - 1-888-4PPA-NOW (1-888-477-2669)  
www.pparx.org  
Medication at free or reduced cost directly from the manufacturers
MENTORS AND ACTIVITIES FOR YOUTH

All Our Kids - 1004 Farnam Street - 930-3000
Mentoring for children grades 6-9

Big Brothers/Big Sisters - 4902 Hamilton Street - 330-2449
Mentoring for youth age 7-15

100 Black Men of Omaha - 2221 N 24th - 934-7065
Mentors for school age black males

Nebraska Mentor - 8813 F Street - 891-8000
Mentors for youth in need

Project Extra Mile - 11606 Nicholas Street - 963-9047
Youth uniting to prevent underage drinking

TeamMates - 222 Kiewit Plaza - 390-8326
School based mentoring program

MONEY MANAGEMENT

Consumer Credit Counseling Service of Nebraska - 11225 Davenport Street, Ste 108 - 333-2227
Financial planning and advice on purchasing a home, maintaining a budget, dealing with bankruptcy, and avoiding foreclosure. CCCSN also offers a debt management program to assist people in reducing and discharging their debts. CCCSN is certified by the National Foundation for Credit Counseling. CCCSN has offices in Omaha, Lincoln, Grand Island, North Platte, Norfolk, and Des Moines, IA.

OFFENDER RE-ENTRY ASSISTANCE

Compassion In Action - 6119 Florence Blvd. - 451-4500
Re-entry assistance for women

Crossroads Connection - 841 N 74th St. - 397-4318
Safe housing, employment assistance, counseling, clothing and food for people leaving the prison system

Goldstar Institute - www.goldstarinstitute.org 291-7638 or 312-0121
Assistance via mentoring, housing, recovery, employment, and education for men and women.

Real Life Connections- The Salvation Army - 3612 Cuming - 898-5900
Educational groups and therapeutic intervention for incarcerated men and women

PARENTING

Adoption Links Worldwide - Children Services Center, 124 South 24th Street, Suite 200 - 661-7101
Assistance and support for unplanned parenthood

Child Support Services - 1722 St. Mary’s Ave. - 1-877-631-9973
For custodial parents

Christ Child North Center-Catholic Charities - 2111 Emmet Street - 453-6363
Parenting classes, family activities, family financial planning, and family enrichment
Fathers for a Lifetime - Omaha Healthy Start - 5951 Ames Ave - 453-5300
Parenting, parent rights, communication, child support service and education for fathers

Healthy Mothers Healthy Babies Helpline - 1-800-862-1889
24 hour helpline for pregnancy and parenting information

Heartland Family Services
2101 S 42nd - 552-7400
6720 N. 30th Street - 451-6244
302 American Parkway - 339-2544

Juan Diego Center - Catholic Charities - 5211 S. 31st Street - 731-5413
Parenting, family financial planning, nutrition and health, and basic skills

Latino Center of the Midlands - 4821 S. 24th Street - 733-2720
Latino Parent Training Institute

Lutheran Family Services - 120 S. 24th Street Suite 100 - 342-7007
Parenting and family life education

New Beginnings Transformation Program - Men of Purpose Support Group
Contact Bobby Loud - 708-9860 for information and registration
Addiction, family, financial, parenting, employment and life support for men.

Safe Haven Community Center - 2895 Binney Street - 932-6103
Parenting

Salvation Army - PACT (Parents & Children Together) - 3612 Cuming - 898-5900

YWCA Omaha - 345-6555
Parenting and other related services

PERSONAL CARE ITEMS - Also see Food - Pantries and Meals and Clothing Closets - Basic

Heart Ministry Center - Household and Personal Care Referral Program
Must be referred by a current caseworker
2222 Binney Street 451-2321

PREGNANCY SERVICES

AAA Center for Pregnancy Counseling - 6510 Sorensen Pkwy - 397-0600
Pregnancy testing and care, pregnancy counseling, STD screening

Adoption Links Worldwide - Children Services Center, 124 South 24th Street, Suite 200 - 661-7101
Assistance and support for unplanned parenthood including pregnancy support, connection to medical, material, and parenting assistance. Also offers adoption services and support

Essential Pregnancy Services
6220 Maple - 24 hr. hotline - 554-1000
908 W Mission Ave - 24 hr. hotline - 933-2988
Medical services, education, material and financial help, and support for expecting mothers and fathers

Lutheran Family Services - Counseling and adoption services
120 S. 24th Street Suite 100 - 342-7007
2401 Lake Street Suite 110 - 455-9757
4980 South 118 Street, Suite C - 342-7007
Midlands Hospital, Papillion - 592-0639
730 Fort Crook Road North, Bellevue - 292-9105

One World Community Health Center - 4920 South 30th Street (Livestock Exchange Building)- 734-4110
Prenatal care, obstetrics, midwifery, reproductive health, annual exams, cancer screening, pre & post menopause, adolescent care, and confidential STD testing and treatment.
Planned Parenthood of the Heartland Northwest Center - Omaha
3341 N 107th Street - 496-0088
Women and men’s reproductive health care, birth control and emergency contraception, general health care, std testing, LGBT education, sexual and reproductive education, pregnancy testing, options, and planning

Planned Parenthood of the Heartland Southwest Center - Omaha
5310 S 139 Plaza #301 - 894-9006
See Northwest Center service list

Sheehan Center - Catholic Charities - 3300 North 60th - 554-0520
Adoption services, pregnancy and abortion counseling, Mentoring Moms (Elizabeth Ann Seton program)

Women's Care Center of the Heartland - 2301 S 15th - 502-9224
Residential pregnancy center, maternity home for women 19 and older

STD TESTING AND IMMUNIZATIONS

Douglas County Health Department Immunization Clinic - 1111 South 41st Street - 444-6163
Provides free immunization and booster shots for children 18 and under. Clinic does not require proof of income.

Douglas County Health Department Sexually Transmitted Diseases Clinic - 1111 South 41st Street - 444-7112
STD clinic provides tests for common STD’s including HIV upon request for $15

Nebraska AIDS Project - 250 South 77th Street Suite A - 552-9260
AIDS/STD testing, counseling, and support

Planned Parenthood of the Heartland Northwest Center - Omaha
3341 N 107th Street - 496-0088
Women and men’s reproductive health care, birth control and emergency contraception, general health care, std testing, LGBT education, sexual and reproductive education, pregnancy testing, options, and planning

Planned Parenthood of the Heartland Southwest Center - Omaha
5310 S 139 Plaza #301 - 894-9006
See Northwest Center service list

SUBSTANCE ABUSE - SUPPORT

Catholic Charities - Omaha Campus for Hope - 1490 N 16th Street - 829-3525
Friends and Family Program - Weekly groups offering education and conversation about substance abuse for the family and friends of those suffering from addiction

Catholic Charities - Journeys West - 740 North 129th Street - 829-3525
6 week Friends and Family Program - Weekly groups offering education and conversation about substance abuse for the family and friends of those suffering from addiction

TELEPHONE ASSISTANCE

Cox Life Links - 934-4604
Home phone service for emergency purposes

Nebraska Telephone Assistance Program - Reduced cost home phone line
To apply call - 1-800-526-0017 or mail a request:
NTAP - P.O. Box 94927 Lincoln, NE 68509

TRANSPORTATION

Eastern Nebraska Community Action - 2406 Fowler - 453-5656

Metro Area Transit (MAT) - 2222 Cuming Street - 341-0800
Together Inc. - 1616 Cass - 345-8047
Bus vouchers available for individuals beginning new employment within the last two weeks. Requires proof of employment and a letter from the employer confirming the start date.

UNEMPLOYMENT

Nebraska Department of Labor - 829-2800 or Fax: (402) 458-2595

VISION - SCREENING AND GLASSES

One World Community Health Center - 4920 South 30th Street (Livestock Exchange Building)- 734-4110
Optometry services on a sliding scale basis

Vision USA - 1-800-766-4466
Eye exams and eyeglasses for those with no insurance and no other assistance